



February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>WW=Whole Wheat</u> <u>WG=Whole Grain</u> <u>All meals come with choice</u> <u>1% white or skim chocolate</u> <u>milk</u>	CATHOLIC	SCHOOLS	WEEK	1 Hot Ham & Cheese Sandwich/ WG Bread Au Gratin Potato Peas, Pineapple Fresh Veggies - Carrots & Celery	2 Fish French Fries WG Dinner Roll Carrots, Tropical Fruit Fresh Veggies - Carrots & Cauliflower BISHOP MASS	3
4	5 Tater-Tot Casserole WG Dinner Roll Apple Sauce Fresh veggies - Carrots & Broccoli	6 Baked Chicken Brown Rice w/gravy Mixed Vegetable Peaches Fresh Veggies - Carrots & Red/Orange Peppers	7 Pepperoni Pizza WG Crust Green Salad Mandarin Oranges Fresh Veggies - Carrots & Cucumbers HONORS MASS	8 Hot Dog on WG Bun French Fries Baked Beans Pears Fresh Veggies - Carrots & Celery	9 Tomato Soup Grilled Cheese on WG Bread Green Salad Banana Fresh Veggies - Carrots & Cauliflower	10
11	12 Hamburger Gravy Mashed Potato WG Dinner Roll Corn, Apple Sauce Fresh Veggies - Carrots & Broccoli	13 Chicken Nuggets French Fries Baked Beans Peaches Fresh Veggies - Carrots & Red/Orange Peppers	14 Chef Salad w/Toppings WG Breadstick Mandarin Oranges Fresh Veggies - Carrots & Cucumbers 	15 Hamburger on WG Bun Potato Chips Pickle Pears Fresh Veggies - Carrots & Celery	16 No Students Professional Development  Day Parent Teacher Conferences	17
18	19 Meatballs Mashed Potato w/gravy WG Dinner Roll Peas, Fresh Orange Fresh Veggies - Carrots & Broccoli **NO BUS**	20 Chicken Alfredo w/ WG Penne, WG Breadstick Carrots Fresh Apple Fresh Veggies - Carrots & Red/Orange Peppers	21 Baked Potato w/Toppings WG Dinner Roll, Broccoli Black Beans, Apricots Fresh Veggies- Carrots & Cucumbers	22 Turkey/Ham WW Sub WG Sun Chips Pineapple Fresh Veggies - Carrots & Celery	23 Macaroni & Cheese w/WG Noodles Fish Sticks, Green Beans Tropical Fruit Fresh Veggies - Carrots & Cauliflower	24
25	26 Hot Ham & Cheese Sandwich/ WG Bread Au Gratin Potato Peas, Pineapple Fresh Veggies - Carrots & Celery	27 Chicken Ala King WG Biscuit, Green Beans Fresh Apple Fresh Veggies - Carrots & Red/Orange Peppers	28 Taco Salad w/Toppings WG Tortilla Chips Corn, Apricots Fresh Veggies - Carrots & Cucumbers	29 Spaghetti w/Meat Sauce & WG Noodles Green Salad, WW Garlic Bread, Fresh Orange Fresh Veggies- Carrots & Broccoli		